## nationalgrid

## Carbon monoxide poisoning symptoms



Anyone with symptoms of carbon monoxide poisoning should get outside and seek medical attention immediately.

Stage 1	Stage 2	Stage 3
Flu-like symptoms	• Conscious	• Unconscious
<ul> <li>Mild headaches</li> </ul>	<ul><li>Confused</li></ul>	<ul> <li>Convulsions</li> </ul>
• Tiredness	Disoriented	Loss of muscular control
• Dizziness	<ul> <li>Movement difficulties due to weakness</li> </ul>	Slow breathing
• Weakness		<ul> <li>Cardiac/respiratory failure</li> </ul>
<ul> <li>Nausea</li> </ul>		• Death
Confusion		
<ul> <li>Increased pulse, respiration</li> </ul>		